**Form for Film Crew**

**Full Name: Sonal Joshi**

**Profile (200 words limit):**

**Sonal - Theatre Professional and Filmmaker**

Sonal is a versatile and accomplished theatre professional and filmmaker with a rich background in both acting and production. Her dynamic acting skills have captivated audiences and demonstrated her range and depth as an actress.

Sonal's foundation in acting is built on rigorous training with renowned mentors. She has honed her craft through an acting course with Barry John, whose famous alumni include Sushant Singh Rajput, Mira Nair, Sidharth Basu, and Rana Daggubati. Her theatre training includes working with esteemed professionals like Mahesh Dattani, Chandan Roy Sanyal, Nasir Khan, Achint Kaur, and Richa Chadha.

In addition to her theatre and film expertise, Sonal trained in Interior Designing at SNDT Mumbai, an institution known for its notable alumni such as Rani Mukherjee, Masaba Gupta, and Neeta Lulla. She has also conducted numerous workshops for students in personality development through 4-week theatre workshop programs in cities like Delhi, Mumbai, Gurgaon, and Almora.

Sonal is a Level 4 trained hypnotherapist, a mother of a toddler, a keen psychology researcher, and an avid reader. These diverse interests and experiences give her a profound understanding of human and child behaviour, enriching her professional endeavours in the arts.

**Notable Projects and Role:**

She has made a significant mark in the Bollywood film industry with notable performances in commercial films such as *Totta Pataaka Item Maal (Shagun Narwal)*, *Bawdi (Tulsi)*, *The Girl And The Autorickshaw (Brinda)*, *Saheb Biwi Aur Gangster (Rukma – Madhavi’s maid)*, and *Uss Din*. Her dynamic acting skills have captivated audiences and demonstrated her range and depth as an actress.

In addition to her acting career, Sonal has showcased her talents behind the camera as a producer and writer. She is the creative force behind *Dabbal*, a project that highlights her ability to tell compelling stories and manage production intricacies. She has also produced and directed documentaries and short films like ‘Life as we knit it’, and ‘The undaunted 2 Dogra’

**Skills: Acting, Directing, Writing**

**Nationality: Indian**

**Current Location (City and Country): Riyadh, KSA**

**Show reel Link (If applicable):**

**Website (If applicable):**

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**Twitter Profile Link (If applicable):**